



Playa Nicuesa Rainforest Lodge

Golfo Dulce, Península de Osa, Costa Rica

A MAGICAL PRIVATE VENUE



RETREAT AND WORKSHOP ORGANIZERS:

Imagine yourself conducting a retreat or workshop to the sounds of lapping waves and howler monkeys sounding off in the jungle while surrounded by lush coastal rainforest and tranquil 80-degree waters off the Pacific Ocean. Playa Nicuesa Rainforest Lodge, a 165 acre preserve situated in the pristine rainforest of southern Costa Rica, offers a unique and transformational location for retreats of all types.

Let us help you create and host the most inspirational retreat or workshop:

- Exclusive Rental for 18-28 participants
- Small Group Rental for 6-17 participants (with lodge open to other guests during your workshop period)



Frommers Costa Rica
2014 Edition. Selected:
Best Ecolodges & Wilderness Resorts



Fodor's Costa Rica
2014 Edition. Selected:
Fodor's Choice ★
Best Eco-Lodge on the Gulf



enchanting-hotels
exclusive hotel collection





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WORKSHOP/ RENTAL INCLUDES

Special Rates are provided exclusively to workshop/retreat organizers; Packages are personalized to each workshop/retreat organizer's unique needs.

Our premises may be rented in two forms:

- **Exclusive Rental** for 18 to 28 guests, with lodge closed to other guests.
- **Small Group Rental** for 6 to 17 guests, with lodge open to other guests to stay during your rental period.

Daily Nature Tour Selection:

In addition to unlimited self-guided use of preserve trails, kayaks, fishing and snorkeling gear --- Price includes 1 daily guided kayak, snorkeling, rainforest/waterfall hiking, birding tour. *Additional guided multisport thrills available to be paid separately upon checkout.*

Meals: 3 delicious meals prepared and served every day for all guests.

Organizer Receives:

In all cases, the organizer will receive complimentary lodging (shared room with client; or private room in employee area; or, if available, private guest room upgrade), meals and tours.

**LET US HELP YOU CREATE & HOST
A TRULY INSPIRATIONAL
RETREAT OR WORKSHOP!**



Please Contact Us for Pricing Enquiries & more information
reservations@nicuesalodge.com | www.nicuesalodge.com



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FACILITIES INCLUDE

- **Use of Entire Lodge and 165-Acre Preserve:** Enjoy a beautiful and uniquely designed 3000 sq.ft Main Lodge Building with Open-Air Bar, Dining Room, Garden Lounge. The two story main lodge offers spectacular views of the surrounding rainforest and the Golfo Dulce.
- **Unique Jungle-Chic Accommodations:** Including 5 private cabins (three 1-bedroom, one 2-bedroom and one cabin suite) and a separate 4 Room Guest House. All rooms have private hot water open air showers, hardwood floors, ceiling fans, canopied queen size beds, and private terraces.
- **165 Acre Property with Private Trail System:** Adjacent to National Park with abundant wildlife including 3 types of monkeys and amazing tropical birds.
- **Tropical Fruit and Spice Garden:** growing banana, papaya, watermelon, pineapple, oranges, grapefruit, starfruit, guava and other exotic tropical fruits and a variety of herbs and spices.
- **Yoga & Massage Decks:** Enjoy Nicuesa's waterfront Yoga and Massage Deck and Canopy-level Yoga/Meditation Platform.
- **Three Fabulous Meals Prepared Each Day:** Created by our chefs with emphasis on local tropical fruits, vegetables and freshly caught fish.
- **Unlimited Self-Guided Use** of preserve trails, kayaks, fishing gear, snorkeling gear, yoga equipment, and 3 motor boats with captains.
- **Excellent Guest to Staff Ratio:** Staff of 20 including:
 - Manager
 - Personal Chef
 - Housekeeping
 - Activity Guides
 - Boat Captains
 - Massage Therapist
- **Boat Pick-Up and Drop-Off** between lodge and town of arrival/departure (Golfito and/or Puerto Jiménez)



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PAST RETREAT ORGANIZERS COMMENTS

Marsha White - Chevy Chase Md, DC
Yoga Teacher-Trip Leader

A Yoga Retreat at Nicuesa to me is a Mind/Body/Soul Experience! The place, the people, the food, the four elements of water, air, fire, and earth are in place making the vibration very high. What a great place to spend a few days and feel like you were away a long time. I believe one walks away feeling, relaxed, energized, revitalized a feeling of balance. I highly recommend Nicuesa.

Carolyn Christie - New York, NY
Retreat Organizer

The beauty of running a yoga retreat at Nicuesa Lodge was that it far exceeded the expectations of all participants, including me. We were able to do yoga twice a day and interact with the environment through adventures right in proximity of the lodge. Those who wanted to see animals, there was plenty of chances between going for walks right on the premises, hiking in the rainforest behind the lodge or visiting a nearby wildlife refuge by boat. Those who wanted to swim could snorkel and swim everyday. And for those folks who simply wanted to relax and read, the lodge has plenty of comfortable settings to do just that. It was also very inspiring to visit Nicuesa, as Michael and crew are truly attempting to practice “sustainability” in the running of the lodge. It was a learning experience for all of us!

Lettie Arnold - Hanover, New Hampshire
Pilates Group Tour Leader | www.lettiearnold.com

I've been to the Osa for the last three years leading a Pilates Retreat and this year I chose Nicuesa. It is my favorite place I've been to on the Osa. I loved that the lodge and cabinas are nestled in the jungle and that yoga Pilates platform right on the gulf - it is a beautiful spot to teach. Everyone who worked at Nicuesa was extremely accommodating to our needs and schedule. If you are looking for the totally natural Costa Rica experience this is the place.



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